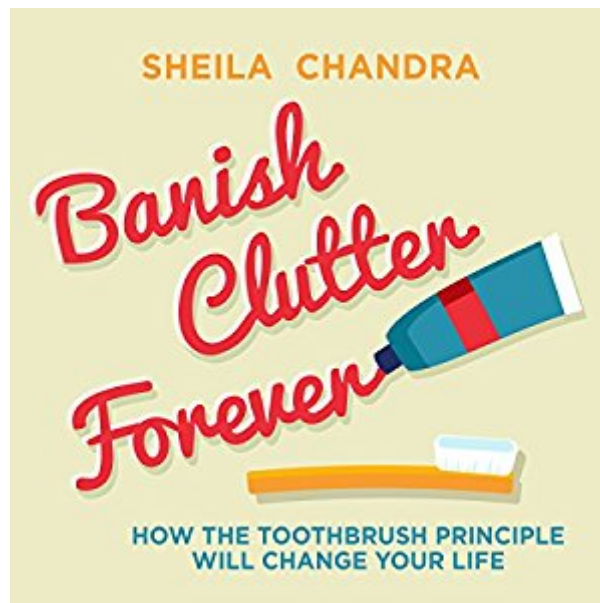




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Banish Clutter Forever: How The Toothbrush Principle Will Change Your Life



Synopsis

Why is it that even the most disorganised person never seems to lose their toothbrush? How can this simple fact solve all our clutter problems? The Toothbrush Principle is a simple yet inspired approach to de-cluttering your home. Whether you live in a mansion or a bedsit, this book will show you how to: organise according to the unconscious blueprint that naturally tidy people have, so that getting and staying organised is easy; know what to throw away with confidence; set up your wardrobe so you get much more use out of the clothes you have; work from home productively in a clear, designated space; tame your inbox! Step-by-step, room-by-room, you'll soon find that you hardly ever lose things, massive clear outs become a thing of the past and you never spend more than 10 minutes a day tidying up. So stop drowning in piles of clutter, learn how to be organised and start creating space to live out the life of your dreams!

Book Information

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Customer Reviews

I absolutely love this book. While I have purchased other "get organized" books in the distant past, all were a hope not fulfilled. But Ms. Chandra's book takes the holistic approach of getting your life, your thoughts and your living quarters uncluttered. And it has really helped me get so many loose ends of my life and home in order. I feel more productive and 'clean' now. I don't fear opening that closet or this drawer. I also know where things are, instead of "in that room, I think"...Highly recommended to folks who want to see the big picture regarding how they organize those things in their lives and keep it that way.

Perfect for a disorganized mom of 4!!

The premise of this book is that we all know where our toothbrush is. Why? Because it has a specific home and we always put it back when we're done with it. The book goes over how to apply this principle to other areas of our homes/lives.

This book is well written and orderly, much like we want our homes to be. It contains lots of background information and various systems to help yourself clear out clutter. If you are just beginning to deal with clutter, it would be very helpful. I have read many books on the subject, so I found only a few new ideas that intrigued me, which is why I gave it only three stars.

I've read loads of books on organizing and getting on top of clutter, but this is the one that helped me the most. The main point is to learn how to avoid clutter in the first place, and then it has a section for each room/space to explain how to get is organized and keep it that way. Very easy to follow and implement

The ideas and presentation were very helpful reminders to me. There was one point where I said "wow" in recognizing where I'd had influence as a child and not pinned it to present behavior. Both British English politeness and Sheila's directness were a welcome format from someone not in the organizing career field, but rather a musician and businesswoman. Thank you to Shannon Lush of Australia who referred her readers to Ms. Chandra.

If this book doesn't cure your hoarding or disorganizational issues, you need mOre serious help than just a book written by a mortal

I've found several of my own bad habits with solutions in this book. It's interesting to analyze the causes of habits that trip us up in our efforts to have a clutter-free and well-organized home.

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